

Being in the pit

...and how to get out of it!

# THE MOST MAGNIFICENT THING





When we get given a problem we start off fine.

We try again and learn from our mistakes. We have a growth mindset! WE CAN DO IT!



Soon, it becomes a little tricky..but we carry on...



It becomes impossible!



We ask someone else. We look at our mistakes

We can't do it!

We give up! We are in the pit!



We start to look again at the problem. Maybe there is something we can do?



mind-poofed

stressed-out



disappointed

sad

annoyed



mad

cross

bad-tempered



furious

infuriated

livid

I'm no good

brain-washed



I QUIT



mind-exploding

delighted

yahoo!

excited

contented



wow!

ecstatic

satisfied

glad



admiring work

cheerful



looking at work

using growth mindset



I believe I can do it



using mistakes

asking friends







happy  
glad  
proud  
I did it



livid  
furious



incuriated  
bad  
tempered  
annoyed  
cross

I CAN'T  
DO  
IT



relaxed  
good  
mused



ecstatic



froud



ingravated

disafointed



livid

I'm no good

I quit





Sad

Mind-fool

mad

lost

bad temper

stressed out

in

seriated

survivors

disappointed

amused

blain

I'm not

I can't

mind excepted



Happy

yahoo

wow

prod

I can do

this

Calm

Relax

good

mid

set

Exercis

plea

excited

hard

not

I believe

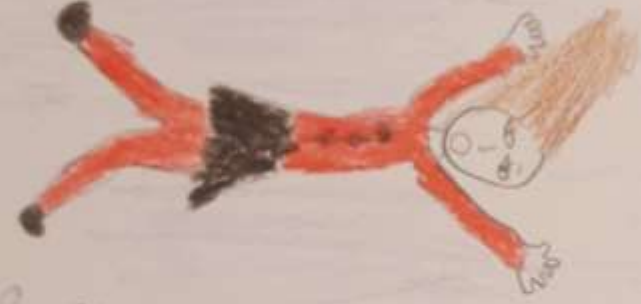
I can do

it





INCENSED  
 ANNOYED  
 LIVID  
 TRIAL AND ERROR!  
 DISAPPOINTED  
 MELANCHOLY  
 INFURIATED



I'm No Good!



CALM



ADMIRE  
 HER WORK  
 GROWTH MIND-  
 SET  
 USE HER  
 MISTAKES



happy  
joyful  
good



proud  
delighted  
cheerful



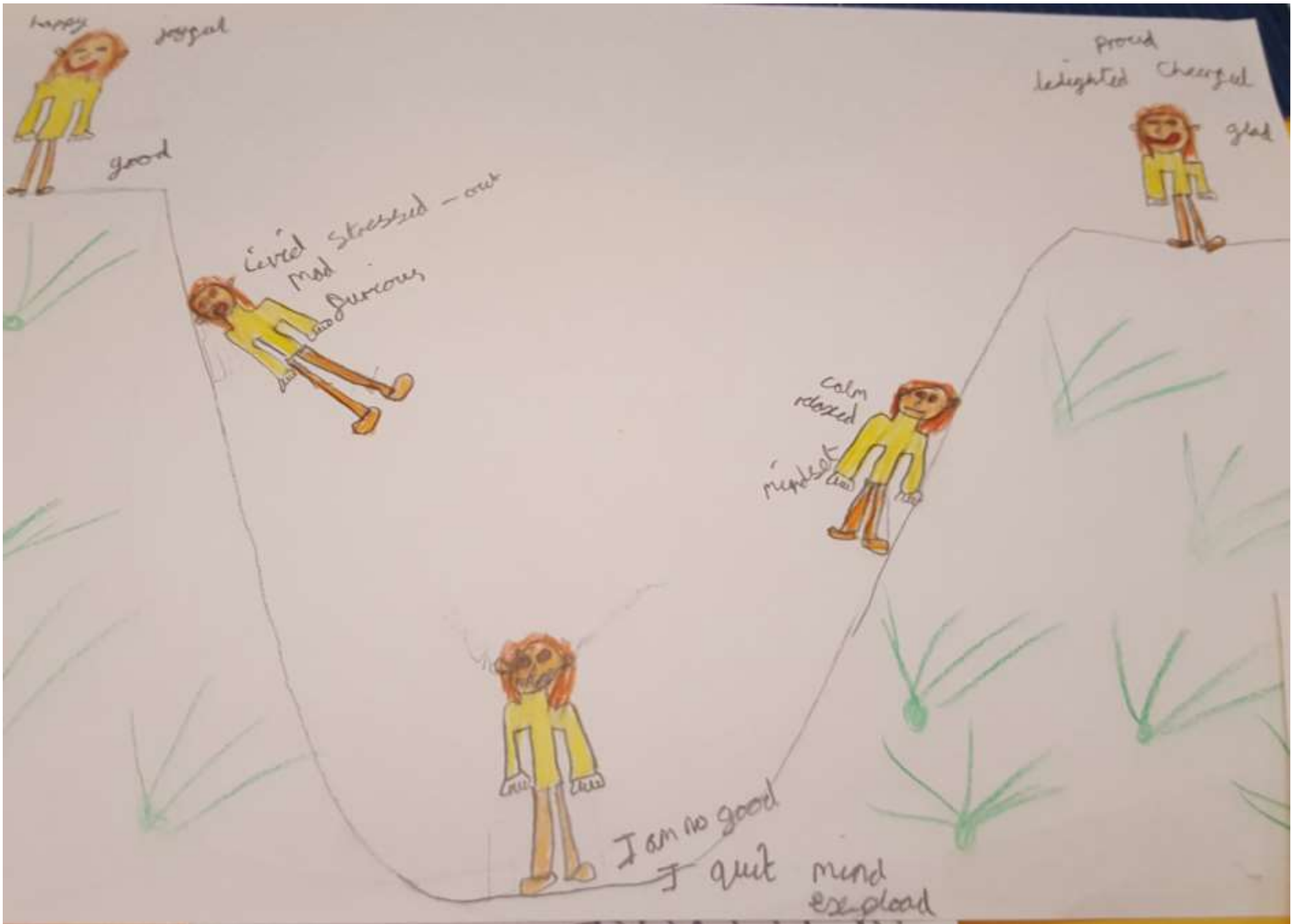
irritated  
stressed - out  
mad  
furious



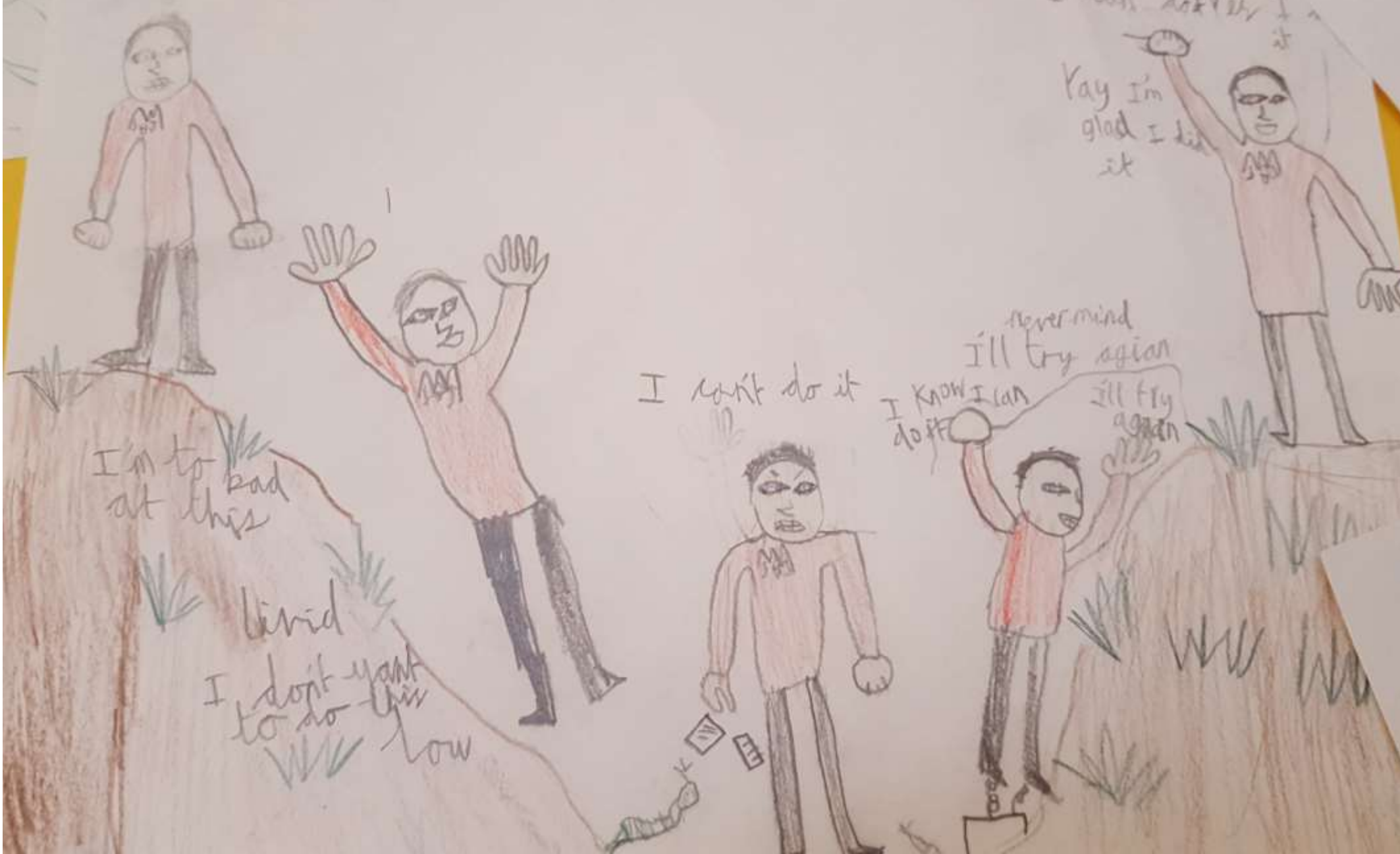
calm  
relaxed  
neutral



I am no good  
I quit  
mind  
exploded



~ dicit



I'm so bad at this

lived  
I don't want to do this  
low

I can't do it

I know I can do it

never mind  
I'll try again

I'll try again

I can do it I can do it

Yay I'm glad I did it



I've got it



It's too hard I give up.



I can't do it

It's and infuriated



Impossible I'm really



I'm a bit better I can do it

